



THE BEAST 2019 – Press Release

(03/12/2018)



2019 promises to be one of the most exciting years in Adventure Racing we've seen for quite a while with more races in Ireland (TEAR, Shamrock and DAR), Europe and beyond, than ever before. The European Series continues to become more competitive, ITERA returns to the World Series Calendar in Scotland and Eco Challenge is making its long-awaited comeback. It's an exciting time to be an Adventure Racer!

The Beast Adventure Race will take place over the 1st weekend of June 2019. Having started in 2006, the Beast, with its origins in the Ballyhoura Region, is the longest running adventure race in Ireland (as well as the 'longest').

Since moving the event to the North West in 2017, the Beast Team has learned many lessons and is keen to run the toughest and most rewarding race on the Irish adventure racing calendar. The Beast will once again feature on the Adventure Racing European Series (ARES) in 2019.

Race Objectives:

1. Challenge the best teams in Ireland and Europe across all disciplines of Adventure Racing.
2. Provide an opportunity for less seasoned teams and newcomers to the sport to progress their Adventure Racing skills. This will be achieved with short course options on most stages.
3. Prepare teams to compete at the highest level internationally.
4. Design race stages which carefully and responsibly show off some of the most beautiful and rugged scenery Ireland has to offer.
5. Provide online coverage for supporters and spectators worldwide to follow teams through the race, as well as experience what the landscape has to offer.

Race Information

DATES: 30th May – 2nd June 2019

COUNTRY/REGION: Ireland/North West

COURSE OPEN: 2.5 days (60 hours)

WEBSITE: <http://thebeast.ie/>

ENTRY FEE: €1,500 per team

ENTRIES OPEN: 17th December 2018

DISCIPLINES: Mountain Bike, Trail Run/Trek, Kayak (Sit-on-top), Navigation, Swim(?), Ropes(?)

CATEGORIES: Mixed Teams 4 (competitive), Male Teams 4, Female Teams 4. (No limit on overall number of teams)

WATERCRAFT: Kayaks and kayak equipment provided

MANDATORY EQUIPMENT: YES – the ARWS standard list (www.arworldseries.com)

RULES: YES – the ARWS standard rules

DISTANCE: approx. 400 km

RACE HQ: Clayton Hotel, Sligo Town

WINNING TIME: 2 days (48 hours), starting on Fri 31st May

FACEBOOK: <https://www.facebook.com/TheBeastDonegal/>

PRIZES: TBC

ENTRIES CLOSED: 30th March 2019

INCLUDED IN ENTRY FEE:

1. 2 nights Bed and Breakfast for the entire team in 4-star accommodation (Thurs 30th May and Sun 2nd Jun) in the Clayton Hotel, Sligo Town (Race HQ). Accommodation includes kitchenette for race food preparation.
(Note that accommodation is only guaranteed for the first 15 teams entered)
2. Logistical support throughout the race
3. Airport transfers for overseas teams from Dublin Airport. Details TBC.
4. Maps and race booklet
5. GPS live tracking and online support
6. Medical assistance
7. Post-race dinner at prize-giving function
8. Memories to last a life-time 😊

We understand it can be difficult to get teams together and that there are athletes out there who would like to give it a go. Please feel free to contact the Beast team (info@thebeast.ie) and we may be able to help fit you with the right team or point you in the right direction.

Registration details will be announced online in the coming weeks – get your team together for 2019!